

The Journal of Scoliosis Rehabilitation: A journal advancing the comprehensive principles of non-surgical scoliosis prevention, management, and treatment

Mark Morningstar DC¹

¹Editor – Journal of Scoliosis Rehabilitation

A New Journal

The growing body of non-surgical scoliosis literature is truly exciting to observe. This body of evidence is due in large part to specialty societies such as the International Research Society for Spinal Deformities (IRSSD), and the Society on Scoliosis Orthopedic and Rehabilitation Treatment (SOSORT), of which I am fortunate to be a member.

The goal of this journal is to disseminate information on non-surgical scoliosis treatments and management strategies, as well as aspects of scoliosis that relate to a broad array of medical specialties. These may include physical medicine, physical therapy, orthotics, osteopathic medicine, manual medicine, functional and clinical neurology, functional medicine, and CAM modalities, to name a few.

The Journal of Scoliosis Rehabilitation will be published by McCoy Press in an open access format. This means that the articles published in this journal will be freely available worldwide instantly upon publication. Authors will also retain copyright to their published articles, allowing them to disseminate this information broadly.

Articles pertaining to scoliosis written by Western authors have historically focused upon the orthopedic spinal deformity associated with scoliosis. The goal of this journal is to welcome a more comprehensive perspective. People with scoliosis are able to educate themselves far more rapidly than ever before, and they are beginning to demand treatments that help to restore quality of life, breathing function, eliminate or reduce pain, improve digestive comorbidities, and maintain function throughout the lifespan. As an example, serum biomarkers have recently been associated with scoliosis, including osteopontin levels.¹ Hormonal imbalances have also been implicated in the onset of spinal deformities that may trigger scoliosis development in peri- and post-menopausal women.²

It is this broad focus and inclusion that will make this journal successful. It is my hope that it helps parents and patients

worldwide to make educated and informed decisions regarding treatment. It is also my goal that this journal helps them to make decisions that they are fully committed to and comfortable making. Because there is a wealth of information already available on surgical treatments for scoliosis, my hope is that the publication of this journal will help to increase exposure for all therapies and strategies non-surgical.

This journal will be accepting manuscripts related to all aspects of the scoliosis condition and its non-surgical treatment and management. Original research, literature reviews, invited commentaries, case reports/series, methodology articles, and conference proceedings will all be accepted.

I am honored to be the Journal of Scoliosis Rehabilitation's first Editor-in-Chief, and truly excited to provide information vital to help parents and patients make informed decisions regarding when, why, and how to treat their scoliosis. I am also grateful to the International Chiropractic Scoliosis Board that they have chosen the Journal of Scoliosis Rehabilitation as their official society journal.

References

1. Moreau A, Akoume MY, Franco A, Turgeon I, Taheri M, Lacroix G, et al. Pediatric scoliosis predictive blood tests: progress and challenges for clinicians. *Scoliosis* 2010, 5(Suppl 1):O3.
2. Marty-Poumarat C, Ostertag A, Baudoin C, Marpeau M, de Vernejoul MC, Cohen-Solal M. Does hormone replacement therapy prevent lateral rotatory spondylolisthesis in postmenopausal women? *Eur Spine J*. 2011 Oct 28. [Epub ahead of print]